

Thank you for your support.

Please deliver to 8/9 Murdock Road MK41 7LE from 2nd to 5th January. 10am to 16.00pm.

Email address: info@bedford.foodbank.org.uk| Telephone Number: 01234 268569

1	2	3	4	5	6	
Tinned Vegetables	Tinned Fruit	Jars of Pasta Sauce	UHT Fruit Juice	Cup A Soup	Tinned Custard	
7	8	9	10	11	12	
Long Life Sponge Pudding	Washing Up Liquid	Jars of Jam	Wooden Spoon	Biscuits	Tin Openers	
13	14	15	16	17	18	
Size 6 Nappies	Tinned Tuna	Shower Gel	Toothpaste	500g Rice	Deodorant	
19	20	21	22	23	24	
Tinned Rice Pudding	Tea Bags (40/80)	Coffee 100g	Bar of Chocolates	UHT Milk	Tinned Meat	

www.bedford.foodbank.org.uk. To donate money https://bedford.foodbank.org.uk/give-help/donate-

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